



FREE

Health Screening Program (HSP)

The Health Screening Program (HSP) offers **FREE** health screenings to eligible employees for early detection of non-communicable diseases (NCDs) such as diabetes, high blood pressure, high cholesterol, and heart disease risk.

Eligibility Criteria

- ✓ Malaysian
- ✓ Aged between 40 and 59 years old
- ✓ An active contributor to PERKESO under the Invalidity Scheme with at least one (1) contribution in the current year
- ✓ Has a minimum of 12 months of contributions under the Invalidity Scheme
- ✓ Has not undergone health screening under the PERKESO Health Screening Program version 3.0 (HSP3.0)

Health Screening Offers



Physical
Examination



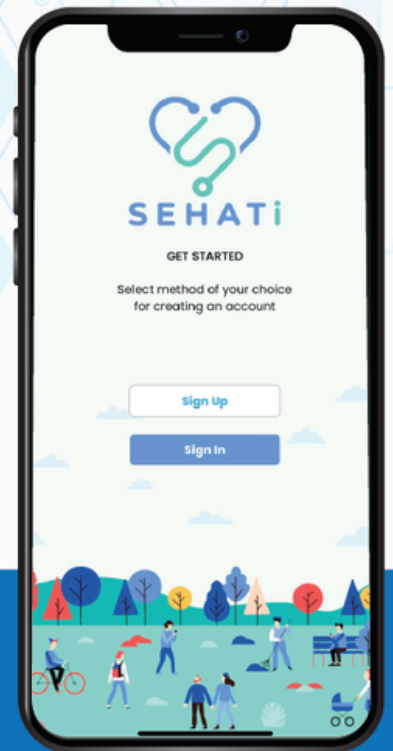
Mental
Health
Screening



Consultation

Type of Screening:

- ✓ Full Blood Count (FBC)
- ✓ HbA1c
- ✓ Fasting Lipid Profile
- ✓ Urine FEME
- ✓ Pap Smear (Woman only)
- ✓ Breast Cancer Screening (Woman only)



**Download the SEHATi app
on your mobile phone to:**

- ✓ Check Eligibility
- ✓ Schedule health screening appointment
- ✓ Access health screening results



Contact Us

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